



Return to The Sacred: Ancient Pathways to Spiritual Awakening

Jonathan Ellerby

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Are you looking for inner peace? Do you seek a deeper understanding of yourself and the spiritual world? Have you followed the popular prescriptions for enlightenment and still found yourself unsatisfied? Return to The Sacred is a fascinating guide that will help you understand the importance of spiritual practice and the great diversity of paths that are available to you. This is a book that does more than provide philosophy and inspiration; it gives you the freedom to find a path that works for you and the knowledge to experience the answers for yourself. You'll learn about the time-tested tools of spiritual growth that will help you discover extraordinary depths of wisdom, power, and peace. Return to The Sacred will introduce you to the 12 Master Paths and Practices that have transformed the lives of countless saints, mystics, masters, and sages since the beginning of history. In this book, you'll find what you need to discover your spiritual personality and choose the path that will lead you toward the realization of boundless joy and a lifelong journey of meaning. Jonathan Ellerby, Ph.D., weaves threads of personal growth and comparative religion into captivating true tales of spiritual adventures with teachers and healers around the world. Through colorful stories and clear reflections, he presents a perspective that reveals the rewards of spiritual practice, and a realistic understanding of the deep commitments and challenging steps along the way. Return to The Sacred is an inspiring journey around the globe and into the furthest reaches of Spirit.

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