



Tibet (French Edition)

Sabine Verhest

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Ce livre n'est pas un récit de voyage, ni un essai historique ou ethnographique. Encore moins un traité de géopolitique ou d'économie. Il s'agit d'une mosaïque où textes et photographies se mêlent. Autant de fragments recueillis au gré d'un parcours aléatoire dans le monde tibétain, faits de rencontres et d'observations, façonnés avec la volonté de les inscrire dans une démarche journalistique de témoignage et de mise en contexte. Ces pièces, une fois assemblées, forment un tableau du Tibet contemporain, de ce Tibet qui déchaîne des passions bien au-delà de ses frontières – sans doute parce qu'il se révèle tout simplement passionnant.

Sa géographie, faite de monts de légende et de hauts plateaux indomptés, se prête idéalement à la contemplation. Sa population, empreinte de ce curieux mélange d'humilité et de force vitale, imprime la mémoire de manière indélébile. Sa culture unique, dont on aimerait témoigner des morceaux persistants d'authenticité, invite à l'introspection autant qu'à l'exploration.

Au centre de ce puzzle, Lhassa se pose en première pièce. Si, pour beaucoup, la capitale fut l'aboutissement d'un long périple, d'une quête spirituelle ou d'un rêve d'enfant, elle se prête mieux aujourd'hui à l'entame d'un voyage dans le monde tibétain. Là où subsiste une part de Beauté.

CE QU'EN PENSE LA CRITIQUE :

"Un très beau livre aux magnifiques photos qui réussit le subtil équilibre entre la découverte d'un pays à couper le souffle et la rage de le voir menacé." - **La Libre Belgique**

Un ouvrage complet qui divertit et qui enrichit ! - **Le Vif L'Express**

À PROPOS DE L'AUTEUR :

Journaliste, juriste et photographe de formation, Sabine Verhest travaille pour le service international du quotidien La Libre Belgique depuis 1995. Sa passion pour l'Asie et la montagne l'a menée à sillonner la chaîne himalayenne durant plusieurs mois, du haut plateau tibétain aux confins indiens du Ladakh et de l'Arunachal Pradesh, des cimes népalaises aux monastères du Bhoutan.

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