



# The ABCs of Adulthood: An Alphabet of Life Lessons

*Deborah Copaken, Randy Polumbo*

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Here's a book of wit and wisdom that's perfect for any "welcome to the adult world" moment. From *New York Times* bestselling author Deborah Copaken and noted sculptor Randy Polumbo come 26 genuine and funny bits of advice as surprising as they are sensible. From "A is for Anger" through "Z is for Zzzzzzz," each entry is paired with the authors' street-smart photography of the matching alphabet letter to create a savvy ebook. Based on a viral article written by Copaken when her own firstborn left for college, *The ABCs of Adulthood* is a delightful, worldly riff on learning your ABCs all over again.

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