



Budget Cooking for One ~ Desserts: Simple Single Serving Desserts

Penelope R Oates

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Homemade desserts are something that I nearly gave up on altogether after my children left home. It seemed silly to spend time making the desserts that I had previously made for four or five people only to end up having to eat the same dessert myself for a few days. I absolutely love sweet stuff so I decided to research and adapt some desserts that I could make just for myself but at the same time, were easy to increase for when I had visitors. This book is the results of my labors. There are different types of desserts from baked to frozen, cakes and sweets to hot puddings – and I love them all... My aim with this series of Cooking for One books is to document quick and easy recipes that even a novice cook will easily be able to replicate. Sure, there are thousands of cookbooks on the market but, in my experience, most are trying to invent new recipes. I have tried to include well-known food that a beginner may be familiar with but not know how to make. Almost all the recipes in this book are simple to make.

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