



Die Seele stärken: Wie Psychotherapie bei Krebs helfen kann (German Edition)

Peter Herschbach

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Die Diagnose Krebs ist immer ein Schock. Ängste, Sorgen und Fragen über Fragen tauchen auf. Wie finde ich mich im Dschungel der Behandlungsmöglichkeiten zurecht? Wie gehe ich mit den Belastungen und Nebenwirkungen der Krebstherapien um? Wo kann ich mal Luft holen und Kraft schöpfen?

In diesem umfassenden Ratgeber geben renommierte Experten Antworten auf die brennendsten Fragen. Und sie beschreiben, wie Psychotherapie den Heilungsprozess bei Krebs unterstützen und die Seele stärken kann. Unverzichtbar für Betroffene und Angehörige, aber auch für Ärzte und Psychotherapeuten.

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