



Healing Fibroids: A Doctor's Guide to a Natural Cure

Allan Warshowsky, Elena Oumano

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An exciting new approach to regaining health without surgery!

Fact: By the time they reach menopause forty percent of American women have at least one uterine fibroid; 600,000 women are diagnosed each year.

Fact: Fibroids are the leading cause of hysterectomy, the second most common surgical procedure performed on women.

Fact: Natural, holistic medicine can heal fibroids without invasive surgery.

Fibroid tumors, while usually benign, can swell a woman's uterus to the size of a basketball, frequently causing heavy menstrual bleeding, cramping, bladder infections, and even infertility. Most doctors recommend surgery as the only answer. Now this innovative holistic program brings new hope for a surgery-free life to millions of American women.

Dr. Allan Warshowsky combines traditional Western medicine and holistic science to cure not just the fibroid condition but also the underlying imbalances and systemic dysfunctions that can cause fibroids. With an exciting program of diet, exercise, supplements, herbs, and mind/spirit work, Dr. Warshowsky shows fibroid sufferers how to become the strong, healthy women they deserve to be.

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