



Teen Cuisine: New Vegetarian

Matthew Locricchio

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Teen Cuisine: New Vegetarian was chosen as the **winner for the 2013 International Association of Culinary Professionals Cookbook Award** in the Children's, Youth and Family category.

Teens will celebrate all the great features in this exquisite cookbook that speaks directly to today's most popular eating trends.

Features:

- * 50 mouthwatering, original step-by-step recipes for all times of day arranged into sections such as "Smart Starts," "Pasta and Polenta Perfection," "Big Plates," and "Just Desserts"
- * Special sushi section
- * "On Your Mark Get Set Cook!" popular recipe format with step-by-step drawings and photographs
- * Chef's tips, safety section, cooking terms, and ingredient definitions
- * Kitchen essentials and equipment
- * Organic, local, nutritious ingredients for healthy eating

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