



# Hey Mom! I'm Hungry!: Great-Tasting, Low-Fat, Easy Recipes to Feed Your Family

*Susan Powter*

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**Hey Mom! I'm Hungry!: Great-Tasting, Low-Fat, Easy Recipes to Feed Your Family** Susan Powter  
Susan Powter answers "What's for breakfast? What's for dinner? What's for lunch? What can I snack on?" with 100 of the best tasting, high-volume, low-fat recipes ever! Something sweet. Something chewy. Something for those nights when you didn't get to the grocery store or it's dinnertime and you don't have a clue what to cook. These recipes have all been tested by moms and kids for the whole family. They're all low-fat, quick, easy, and taste soooooooo good. Everything you need is right here - healthy, hearty, great recipes so you'll always have an answer when the kids say, "Hey, Mom! I'm hungry!"

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