



# **30 Day Green Smoothie Recipes: Lose Weight and Add 10 Years to Your Life in Under 30 Days**

*Jerry Newsome*

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## **Want to Rapidly Lose Weight and Add Years to Your Life?**

Finally! A 30-day diet that will help detox and revitalize your system. Expect more energy and a slimmer body.

The recipes in this book have been carefully designed to start the detoxing process and are fortified with antioxidants that are known to slow down the aging process.

Here is why you won't regret purchasing this book:

- Lose weight without intense workouts
- Start to easily burn stubborn body fat
- Finally remove inches off your waist
- Learn how to live a healthy lifestyle with little effort
- Learn a simple and easy workout that will be amazing for your health
- Start to eat healthy and enjoy it
- Add years to your life with one simple diet change
- Fit into clothes you haven't been able to in years

What are you waiting for? For the cost of a coffee, you can change your life now!

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