



Personality Characteristics of Patients With Pain

Robert J. Gatchel, James N. Weisberg

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Each year, millions of Americans experience acute, recurrent, or chronic pain, and for many of them, surgical or pharmacological interventions fail to alleviate their suffering. In an effort to better treat these patients, this unique book presents a comprehensive review of the personality factors that affect the experience of, and adaptation to, pain. This book describes the newest advances in this up-and-coming area of clinical research and provides practical guidance for clinical interventions.

Although no single pain-prone personality exists, personality attributes such as introversion/extraversion, optimism, perceived locus of control affect, and personality disorders affect patients' ability to cope with pain. The contributors to this book examine these attributes, outline specific personality testing strategies, and explore how they may influence the treatment outcome of various pain disorders. This is an essential resource for clinicians, researchers, and health care professionals dealing with the challenges of patient personality differences in pain management.

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