



The Adolescent and Adult Neuro-diversity Handbook: Asperger Syndrome, ADHD, Dyslexia, Dyspraxia and Related Conditions

Sarah Hendrickx

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Increasing numbers of adults are realising that they have been living with an undiagnosed developmental condition, yet most information and support focuses on children. This leaves many adults confused and in the dark.

The Adolescent and Adult Neuro-Diversity Handbook is a handy first-reference point guide to the full range of developmental conditions as they affect adolescents and adults. Each chapter focuses on a different condition, describing its history, causes and characteristics, its implications for the individual, diagnosis and assessment, treatments and approaches, and strategies for providing support and self-support. A wide range of conditions are covered, including Autistic Spectrum Disorders, Dyslexia, Dyspraxia, ADHD, OCD, Tourette's and Anxiety Disorders.

The Adolescent and Adult Neuro-Diversity Handbook is an invaluable resource for health and social care practitioners, as well as for individuals who feel that they may be living with an undiagnosed developmental condition.

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