



# Coming of Age on Zoloft: How Antidepressants Cheered Us Up, Let Us Down, and Changed Who We Are

*Katherine Sharpe*

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## **Coming of Age on Zoloft: How Antidepressants Cheered Us Up, Let Us Down, and Changed Who We Are** Katherine Sharpe

A compelling and troubling exploration of a generation raised on antidepressants, and a book that combines expansive interviews with substantive research-based reporting, *Coming of Age on Zoloft* is a vitally important and immediately engrossing study of one of America's most pressing and omnipresent issues: our growing reliance on prescription drugs. Katherine Sharpe, the former editor of *Seed* magazine's ScienceBlogs.com, addresses the questions that millions of young men and women are struggling with. "Where does my personality end and my prescription begin?" "Do I have a disease?" "Can I get better on my own?" Combining stout scientific acumen with first-person experience gained through her own struggle with antidepressants, Sharpe leads the reader through a complex subject, a guide towards a clearer future for all.

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