



The Herbalist's Way: The Art and Practice of Healing with Plant Medicines

Michael Phillips, Nancy Phillips

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The domestic cut-flower business has experienced a renaissance in the past decade, thanks in large part to the first edition of *The Flower Farmer: An Organic Grower's Guide to Raising and Selling Cut Flowers*, which helped thousands of small growers start successful businesses. This newly expanded and thoroughly revised edition will be equally influential for novices and experienced growers alike. With the cut-flower business growing at record rates, demand is at all-time highs, challenging growers to take advantage of new techniques to prolong the harvest. New sections include growing in heated greenhouses and unheated hoopouses, the newest cultivars, and the latest research on post-harvest handling. Also updated is the acclaimed resource directory, complete with sources of seeds, plants, and supplies, and expert information on organic production under the National Organic Program. For the beginner and backyard gardener, there is an extensive section on the basics—variety selection, soil preparation, planting, cultivation, harvest, and floral design. For the commercial grower, *The Flower Farmer* includes information about larger-scale production, plus advice about selling to florists, wholesalers, supermarkets, brides, at farmers markets, and more. Revised profiles of successful growers offer behind-the-scenes insights into the operations of some of the cutting-edge flower farmers in the country.

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