



Asperger's From the Inside Out: A Supportive and Practical Guide for Anyone with Asperger's Syndrome

Michael John Carley

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An intimate, engaging, and insightful guide to coping with Asperger's-from one of the condition's most passionate advocates.

Michael John Carley was diagnosed with Asperger's Syndrome at thirty-six-when his young son received the same diagnosis. This fascinating book reveals his personal experience with the confusion and trauma associated with this condition-and offers insights into living an independent and productive life.

Now the Executive Director of the world's largest Asperger's organization, Carley helps readers in such areas as:

- Social interactions
- Nurturing interests
- Whom to confide in-and how
- Dealing with family and loved ones
- Finding work that suits your strengths and talents

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