



# Breastfeeding the Newborn: Clinical Strategies for Nurses

*Marie Biancuzzo RN MS IBCLC, Marie Biancuzzo*

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**Breastfeeding the Newborn: Clinical Strategies for Nurses** Marie Biancuzzo RN MS IBCLC, Marie Biancuzzo

This practical resource provides the scientific basis and the "how-to" techniques to help the mother establish a milk supply and to confirm that the newborn is breastfeeding successfully before discharge. Promoting breastfeeding at the personal, interpersonal, and system levels, this second edition delivers evidence-based care across the health-illness continuum. Brief overviews of pathophysiology are included to enable readers to quickly develop physical assessment skills, make practical recommendations to the mother, and verify that the recommendations achieved the desired results. Clinical case scenarios help the reader think through realistic situations to generate possible management strategies.

- Easy-to-read content supports breastfeeding promotion during pregnancy and offers practical tips for breastfeeding management during the first month of life.
- Actual clinical scenarios are included to stimulate critical thinking and breastfeeding management strategies.
- Interviewing techniques and physical assessment guidelines are provided to enhance breastfeeding initiation and continuation.
- Strategies to support breastfeeding for multiple or preterm births are offered.
- *Research Highlights* discuss key studies related to the clinical area.
- A new chapter on Strategies for Breastfeeding the Preterm Newborn presents important issues and concerns related to this critical time in the newborn's life.
- Expanded information on Disease Implications and Risks-Benefits of Pharmacologic and Herbal Therapies stresses the importance of understanding therapeutic care alternatives and their implications for successful breastfeeding.

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