



# **New Beginnings: Ten Teachings for Making the Rest of Your Life the Best of Your Life**

*Sandy C Newbigging*

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# New Beginnings: Ten Teachings for Making the Rest of Your Life the Best of Your Life

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**New Beginnings: Ten Teachings for Making the Rest of Your Life the Best of Your Life** Sandy C Newbigging

Offering the ultimate fresh start, this inspiring exploration invites readers to create a positive and powerful platform for making wanted changes. Examining 10 essential life lessons for making the law of attraction a living reality, focus is placed on recognizing that each sacred moment can be a new beginning. Providing more than 40 practical exercises for being present, feeling calm, attracting desires, and living healthier and wealthier, Sandy Newbigging gives clearly structured, timeless advice on how to appreciate life as it is right now so that one's intentions are not motivated by fear, but by love.

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