



# The Tactics of Change: Doing Therapy Briefly

*Richard Fisch, John H. Weakland, Lynn Segal*

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**The Tactics of Change: Doing Therapy Briefly** Richard Fisch, John H. Weakland, Lynn Segal

A best-selling, seminal manual on treating a wide range of clinical problems briefly and effectively. Explores the principles of brief therapy and discusses the basic elements of treatment. Examines common situations in therapy and what therapists can do to initiate change.

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