



ABC of Sports and Exercise Medicine (ABC Series)

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- Reflects new developments and current practice
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- Covers the benefits of exercise among special populations such as the disabled, obese, pregnant, children and the elderly

Covering the latest topics and including case studies of common sports and exercise medicine conditions, the ABC of Sports and Exercise Medicine is an essential practical guide for general practitioners, family physicians, junior doctors, medical students, physiotherapists, and all health professionals dealing with the treatment and prevention of sports-related injuries.



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