



Family and Multi-Family Work with Psychosis: A Guide for Professionals (The International Society for Psychological and Social Approaches to Psychosis Book Series)

Gerd-Ragna Bloch Thorsen, Trond Grønnestad, Anne Lise Oxnevad

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Family and Multi-Family Work with Psychosis provides a practical step-by-step guide for professionals treating psychosis using family work.

The authors draw on over ten years of experience working with family and multi-family groups where there are members with a psychotic disturbance. They provide helpful guidance on vital issues, including setting up initial group meetings, crisis intervention plans, group structure, problem solving and communication in the group. Subjects covered include:

- the stress-vulnerability model
- the group structure and framework
- family-work in early psychosis
- working with families of people suffering from psychosis and substance misuse
- what can the family do to be of help and support?

This accessible, jargon-free guide will be of great interest to anyone interested in investigating the potential for using family work to treat those with psychosis.

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