

Give Your Parents a Standing Ovation!: For Caregivers of Elderly Parents

Dr. Gybrilla Ballard-Blakes

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Give Your Parents a Standing Ovation!: For Caregivers of **Elderly Parents**

Dr. Gybrilla Ballard-Blakes

Give Your Parents a Standing Ovation!: For Caregivers of Elderly Parents Dr. Gybrilla Ballard-Blakes As a child, they read you bedtime stories and tucked you in. As a teenager, they gave you advice on your latest crush, mean teachers and how to drive safely. Now you're all grown, and they need you.... Many people are faced with the challenges of caring for an aging parent or loved one. This book explores some of the challenges of caring for aging parents and offers tips and solutions for the caregiver. How do you handle the role reversal? How do you get along with other family members? What resources are available to help with handling legal and financial issues? What is an important ingredient that all successful caregivers must have? This book also offers special resources for caregivers whose parents have Alzheimer's and other forms of dementia. In Give Your Parents a Standing Ovation, Ballard-Blakes shares her testament of faith through her journey as a caregiver for her parents. From her early life as the tenth of twelve children, she always stepped in when it came to helping her parents or any elderly person. Dr. Gybrilla Ballard-Blakes is living proof that being a caregiver doesn't have to stress you out.



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