

## **Does My Child Have PTSD?: What to Do When Your Child Is Hurting from the Inside Out**

Jolene Philo



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Is it possible that the struggles you have with your child may be because he or she suffers from posttraumatic stress disorder (PTSD)? Once ignored, even by the medical professionals treating war veterans, PTSD is gaining global recognition as a very real and serious issue for those who have experienced traumatic events, even children.

When children experience medical illness, witness violence, or are abused, it can leave a lasting effect. According to recent studies, 50 to 60 percent of children who experience these traumas early in life may suffer from a form of PTSD, leading to issues in childhood, through adolescence, and even into adulthood. *Does My Child Have PTSD?* is designed for readers looking for answers about the puzzling, disturbing behaviors of children in their care.

With years of research and personal experience, Philo provides critical information to help people understand causes, symptoms, prevention, and effective diagnosis, treatment, and care for any child struggling with PTSD.

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