



Snakes in My Dreams: A Mental Health Therapist's Odyssey from Hardship to Healer

Mike Deninger

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As startling in content as it is courageous in self-disclosure. No memoir so intricately portrays how blocked memories return to conscious thought like Snakes in My Dreams. A thought-provoking, six-decade journey from the author's earliest recollections to his current career as a specialist in the treatment of PTSD. A 'must read' for LGBT memoir enthusiasts, individuals in recovery from abuse or substances, their families and friends – and a breakthrough study for mental health researchers and practitioners.

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