



# Coping Skills Interventions for Children and Adolescents

*Susan G. Forman*

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**Coping Skills Interventions for Children and Adolescents** Susan G. Forman

A book in the Psychoeducational Intervention Series

Provides a wide range of coping skills interventions for helping children learn to handle everyday stress and deal better with academic, interpersonal, and physical demands both in and out of the classroom. Also includes specific techniques for promoting change and evaluating results.

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