



Il futuro medico (Italian Edition)

Dr. Max Bircher-Benner

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Questo libro, scritto da questo geniale medico e pioniere della medicina naturale su basi scientifiche, che nella sua clinica ha aiutato migliaia di persone provenienti da tutto il mondo a guarire da patologie croniche ritenute incurabili, è estremamente attuale. Una biografia che segna il passaggio da uomo di medicina ben istruito a “nuovo medico” che ha riconosciuto nella sua attività quotidiana e nella terapia dei suoi pazienti un’immagine completamente nuova e unitaria dell’uomo, della sua biologia e della sua anima; una visione geniale che mostra una via d’uscita dal vicolo cieco nel quale si trova oggi intrappolata la medicina moderna e il nostro “sistema della salute”. In veste di medico e scienziato impegnato a livello etico e naturalista, Maximilian Bircher-Benner è sempre andato alla ricerca della verità in modo impavido. Già agli inizi del XX secolo ha riconosciuto quello che oggi è divenuto evidente: le statistiche dell’OMS mostrano come in tutti i paesi in cui si pratica la nostra medicina moderna, tutte le malattie frequenti non vengano né prevenute, né curate. Nonostante gli ingenti costi del “sistema sanitario”, sempre più persone, e sempre più precocemente nella vita, soffrono di adiposità, diabete, ipertensione, arteriosclerosi accompagnata da infarto cardiaco o ictus, disturbi gastrointestinali cronici, allergie, asma bronchiale, malattie epatiche e biliari, malattie cutanee, artrosi e artriti ecc. fino ad arrivare al cancro. Questo dimostra come debba esistere una incomprensione tra il nostro attuale paradigma medico-scientifico e la biologia dell’uomo. L’uomo non sa perché si ammala. Nella maggior parte dei casi le cause non vengono affrontate.

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